



Fall Protection

3M™ DBI-SALA® ExoFit™ X-Series Harnesses

X300

The 3M™ DBI-SALA® ExoFit™ X300 is designed for those who refuse to compromise. The X300 harnesses are outfitted with high-quality components that have been developed to enhance the safety, convenience and performance for working at height on your job site. The X300 comfort harness is built with 6,000 lb polyester webbing, robust nylon/polyester hybrid comfort padding with reflective 3M™ Scotchlite™ panels, and lightweight aluminum hardware. New technology in the Dorsal D-ring area helps workers make efficient connections and maintain a safe harness fit. Locking torso adjustment and quick-connect buckle options are available to optimize fit and worker experience. Select configurations are also available with exclusive weight distribution system to help reduce shoulder strain and fatigue.

Automatic stand-up back D-ring* conveniently connect faster and easier

Personal SRL adapter* allows for connection of personal SRLs with confidence and ease

Anti-slide dorsal D-ring pad

Weight Distribution System* takes weight off your shoulders**

3M™ Scotchlite™ reflective panels to enhance visibility in low-light environments



Auto-resetting lanyard keepers*

Integrated low-profile suspension trauma relief straps*

Auto-locking quick-connect buckles* to help maintain fit—greatly reducing buckle slide

Comfort back pad with built-in durable shoulder caps

3M™ Connected Safety ID*

Radio/cell phone holster**

Revolving torso adjusters* are fast and easy to adjust and lock webbing into place—maintaining a comfortable and safe harness fit

Lightweight aluminum tongue-buckle and durable belt

Lightweight aluminum D-rings

Comfort hip pad with robust belt loops and rigid belt for tool pouch-carrying convenience

*3M Patented Technology
**Comes integrated on select models

Product Configurations and Part Numbers



| X300 Harnesses | | | | | |
|--|---|---------|---------|---------|---------|
| Harness Style | Configuration (D-ring(s), Leg Buckles, Chest Buckle) | Small | Medium | Large | X-Large |
| General Industry | | | | | |
| Comfort Vest ^{1,3} | Back, Tongue Buckle, Auto-Locking Quick-Connect | 1113016 | 1113019 | 1113022 | 1113025 |
| Comfort Vest Climbing ¹ | Back Front, Tongue Buckle, Auto-Locking Quick-Connect | 1140133 | 1140134 | 1140135 | 1140136 |
| Comfort Vest Positioning ¹ | Back Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1140139 | 1140140 | 1140141 | 1140142 |
| Comfort Vest Climbing/Positioning ^{1,3} | Back Front Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1113420 | 1113421 | 1113422 | 1113423 |
| Comfort Vest ^{1,2,3} | Back, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113001 | 1113004 | 1113007 | 1113010 |
| Comfort Vest Climbing ^{1,3} | Back Front, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113031 | 1113034 | 1113037 | 1113040 |
| Comfort Vest Positioning ^{1,3} | Back Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113046 | 1113049 | 1113052 | 1113055 |
| Comfort Vest Climbing/Positioning ^{1,3} | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113076 | 1113079 | 1113082 | 1113085 |
| Construction | | | | | |
| Comfort Construction ¹ | Back, Tongue Buckle, Auto-Locking Quick-Connect | 1403048 | 1403049 | 1403050 | 1403051 |
| Comfort Construction Positioning ^{1,3} | Back Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1140181 | 1140182 | 1140183 | 1140184 |
| Comfort Construction ¹ | Back Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1403059 | 1403060 | 1403061 | 1403062 |
| Comfort Construction Climbing/Positioning ^{1,3} | Back Front Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1140187 | 1140188 | 1140189 | 1140190 |
| Comfort Construction ¹ | Back, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1403070 | 1403071 | 1403072 | 1403073 |
| Comfort Construction Positioning ^{1,2,3} | Back Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113121 | 1113124 | 1113127 | 1113130 |
| Comfort Construction Climbing/Positioning ^{1,3} | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113151 | 1113154 | 1113157 | 1113160 |
| Construction Weight Distribution | | | | | |
| Comfort Construction Positioning ¹ | Back Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1403098 | 1403099 | 1403100 | 1403101 |
| Comfort Construction Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1403103 | 1403104 | 1403105 | 1403106 |
| Comfort Construction Positioning ¹ | Back Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1403088 | 1403089 | 1403090 | 1403091 |
| Comfort Construction Climbing/Positioning ¹ | Back Front Hip, Tongue Buckle, Auto-Locking Quick-Connect | 1403093 | 1403094 | 1403095 | 1403096 |
| Wind Energy | | | | | |
| Comfort Wind Energy Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113215 | 1113216 | 1113217 | 1113218 |
| Comfort Wind Energy Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113210 | 1113211 | 1113212 | 1113213 |
| Comfort Wind Energy Climbing/Positioning ¹ | Back Front Hip, Tongue Buckle, Quick-Connect | 1113175 | 1113176 | 1113177 | 1113178 |
| Comfort Wind Energy Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113449 | 1113450 | 1113451 | 1113452 |
| Oil & Gas | | | | | |
| Comfort Oil & Gas Climbing ¹ | Back Front, Tongue Buckle, Auto-Locking Quick-Connect | 1113290 | 1113291 | 1113292 | 1113293 |
| Comfort Oil & Gas Climbing ¹ | Back Front, Tongue Buckle, Pass-through | 1113305 | 1113306 | 1113307 | 1113308 |
| Telecommunications | | | | | |
| Comfort Telecom Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113190 | 1113191 | 1113192 | 1113193 |
| Comfort Telecom Climbing/Positioning ¹ | Back Front Hip, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113375 | 1113376 | 1113377 | 1113378 |
| Retrieval | | | | | |
| Comfort Retrieval ¹ | Back Shoulder, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113061 | 1113064 | 1113067 | 1113070 |
| Comfort Climbing/Positioning/Retrieval ¹ | Back Front Hip Shoulder, Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113705 | 1113706 | 1113707 | 1113708 |
| Mining | | | | | |
| Comfort Mining ¹ | Back Auto-Locking Quick-Connect, Auto-Locking Quick-Connect | 1113195 | 1113196 | 1113197 | 1113199 |

1 Available in 2X-Large
 2 Available in 3X-Large
 3 Available in X-Small

Contact your 3M Fall Protection representative or visit [3M.com/ExoFitHarness](https://www.3m.com/ExoFitHarness)



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